

Eden Energy Medicine 101

everything is energy, and you are no exception!

“Energy Medicine is the science and the art of optimizing your energies to help your body and mind function at their best.” ~ Donna Eden

Learn the basics of Eden Energy Medicine (EEM) in a fun, supportive environment. EM 101 is straight forward, easy, and full of information to help you take better care of yourself and help others do the same. This one-day class covers many of the key topics from Donna Eden's award-winning book, *Energy Medicine*, including the Daily Energy Routine. The information you gain from this class will help you feel your best.

EM 101, Saturday February 20th

10:00 am - 5:30 pm

(6 CEs for LMTs per class)

Cost: \$125

[Register Online at EnergyMedicineNow.com](http://EnergyMedicineNow.com)

OR Call 541-301-7102 to Register



To Register Call Janie at 541-301-7102

Janie Chandler, LMT, Eden Energy Medicine - Advanced Practitioner is a senior practitioner and founding faculty member of Donna Eden's Energy Medicine Certification Program. She has taught both massage therapy and energy medicine classes at the Ashland Institute of Massage, and she is the creator of **The Visual Atlas of Energy Medicine, Interweaving Energy Medicine and Massage, and The Vibrant Life System™**. Janie has had a private practice in Ashland, Oregon since 1989.



Energy Medicine Now.com

energy medicine for dynamic well-being

541-301-7102