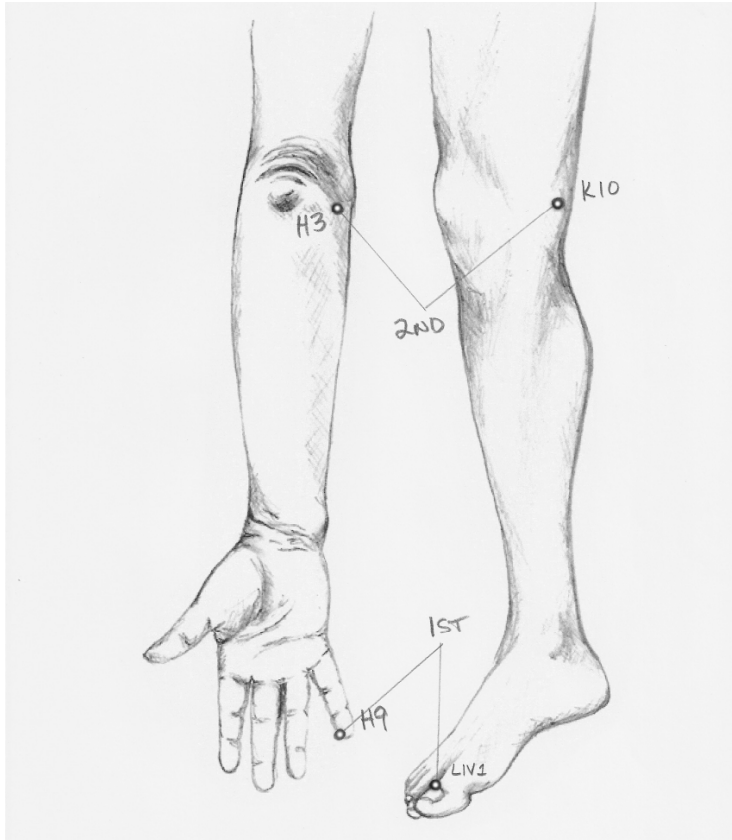


HEART MERIDIAN

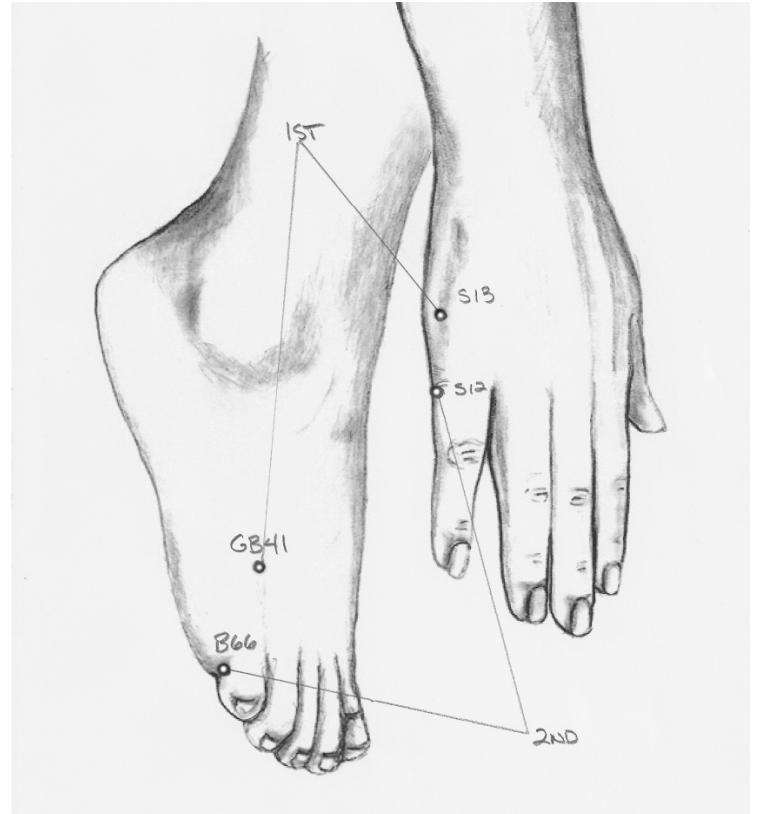
Strengthening Points

Restore Meridian by
Adding Energy



Sedating Points

Restore Meridian by
Releasing Excess Energy



From Donna Eden's *Energy Medicine* (rev. ed.). Tarcher/Putnam, 2008.

www.LearnEnergyMedicine.com

The Artist is Cindy Cohn